

THE NEW NORMAL

Life Group Questions: Am I Normal Yet?

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Read

Galatians 1:11-2:10

Reflect

We know that being a Christian means living in the New Normal, but what does normal look like? Normal is really relative to each one of us. We can all probably remember as a child going over to a friend's house, and being surprised at how their family did things differently from our own. Yet for them, that was their normal. While normal is comfortable, the problem is that our old normal isn't working. Reflect on some parts of your old normal you have a hard time letting go of because they are comfortable.

Pastor Chip Judd gave us four ways that we can know when we are living in the New Normal:

- When I see and experience God as he really is
 - In the New Normal, we learn the truth about the goodness and mercy of God. We realize that he loves us. How has a new understanding of the reality of God changed your life?
- When I see myself the way God sees me.
 - In the New Normal, we don't just learn the truth about God – we learn the truth about ourselves as well. We are loved, valued, and made with a purpose. What are some challenges you face to seeing yourself as God sees you?
- When I learn how to receive and rest in his acceptance and love.
 - Even though we learn the truth about God and about ourselves, it is still a huge struggle to live and rest in those truths. What holds you back from living each day in the truths of 1 and 2?
- When I develop healthier ways to get my needs met.
 - Our most basic needs do not change when we enter the New Normal: we still need to be loved, to be valued. What changes are the ways we meet those needs. Reflect for a moment on how God has blessed you and met your needs since you began to follow him.

What was your biggest take-away from the weekend message?

Respond

- How can your Life Group support you and hold you accountable in this?
- What do you feel like God is asking you to do in response to the weekend message? What is your next step?