

And “don’t sin by letting anger control you.” Don’t let the sun go down while you are still angry, for anger gives a foothold to the devil. **Ephesians 4:26-27 (NLT)**

If you cannot control your anger, you are as a city without walls, open to attack.  
**Proverbs 25:28 (TEV)**

## HOW DO I SLAY THE GIANT OF ANGER?

### 1. DISCOVER THE SOURCE

But when David’s oldest brother, Eliab, heard David talking to the men, he was angry. “What are you doing around here anyway?” he demanded. “What about those few sheep you’re supposed to be taking care of? I know about your pride and deceit. You just want to see the battle!” “What have I done now?” David replied. “I was only asking a question!”  
**1 Samuel 17:28-29 (NLT)**

When they arrived, Samuel took one look at Eliab and thought, “Surely this is the Lord’s anointed!” But the Lord said to Samuel, “Don’t judge by his appearance or height, for I have rejected him...”  
**1 Samuel 16:6 -7 (NLT)**

### 2. DEVELOP A BATTLE PLAN

You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you. **Proverbs 28:13 (TEV)**

### 3. SURRENDER MY WEAPONS TO GOD

So Saul chose 3,000 elite troops from all Israel and went to search for David and his men near the rocks of the wild goats. At the place where the road passes some sheepfolds, Saul went into a cave to relieve himself. But as it happened, David and his men were hiding farther back in that very cave! “Now’s your opportunity!” David’s men whispered to him. “Today the Lord is telling you, ‘I will certainly put your enemy into your power, to do with as you wish.’” So David crept forward and cut off a piece of the hem of Saul’s robe. But then David’s conscience began bothering him because he had cut Saul’s robe. He said to his men, “The Lord forbid that I should do this to my lord the king. I shouldn’t attack the Lord’s anointed one, for the Lord himself has chosen him.” So David restrained his men and did not let them kill Saul. **1 Samuel 24:2-7 (NLT)**

Dear friends, never take revenge. Leave that to the righteous anger of God. For the Scriptures say, “I will take revenge; I will pay them back,” says the Lord.  
**Romans 12:19 (NLT)**

Not a single person on earth is always good and never sins. **Ecclesiastes 7:20 (NLT)**

Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. **Luke 6:27-28 (NIV)**

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#### THIS WEEK’S READING:

**JUN 11:** ROM. 15:14-33; 1 SAM. 29-31; PS. 71

**JUN 12:** ROM. 16; 2 SAM. 1; PS. 72

**JUN 13:** MARK 1:1-20; 2 SAM. 2:1-3:1; DAN. 1

**JUN 14:** MARK 1:21-45; 2 SAM. 3:2-39; DAN. 2:1-23

**JUN 15:** MARK 2; 2 SAM. 4-5; DAN. 2:24-49

**JUN 16:** MARK 3:1-19; 2 SAM. 6; DAN. 3

**JUN 17:** MARK 3:20-35; 2 SAM. 7-8; DAN. 4

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