

GOLIATH MUST FALL!

THE GOLIATH FACTOR. 1 SAM 17:9

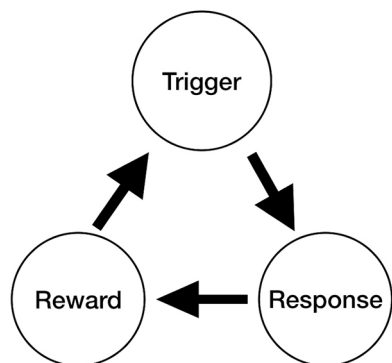
- Goliath: to strip you, shame you, and _____ you.
- Name your _____.! We all have one.
- Where in your life are you a “slave” to cycles, substances, people, and practices that don’t work, you want to stop, but you “_____”?

THE GIANT OF “_____”. ROM 7:15, 19, 21-23

- An addiction is a state of _____ to a particular habit. An addict is someone who has become _____ and/or psychologically dependent upon a person, a thing, or a particular pattern of behavior.
- Guess what? We are all _____. All of us are enslaved to “every-day addictions”: cycles, substances, people, and practices that don’t work, we want to stop, but we “can’t”. (Not won’t.)
- It’s not a character flaw or simply a lack of _____.
- Why the _____ of vulnerability, intensity, and destructiveness?

UNDERSTANDING THE CYCLE OF EVERY-DAY ADDICTIONS. ROM 6: 16-22

- All addictions follow the same cycle:



- The cycle meets a need/serves a purpose or we would not _____ it.
- Over time the cycle becomes “_____”-wired” in our brain through reward and repetition.

- Big Secret: Your problem is not your problem. Your “_____” to your problem is your problem.
- What drives all addictions? Using the “_____” person or thing to meet a “_____” need or desire.

GOLIATH WILL FALL! BREAKING THE CYCLE OF EVERY-DAY ADDICTIONS: EX 20:3; MT 7:7-8

1. ASK: LEARN TO LOOK TO GOD _____ AND _____ FOR EVERYTHING YOU NEED.

- Lower your “God _____”.
- All addictive cycles starts with “_____”. Putting other people or things before/in front of God.

2. SEEK: THERE IS HIDDEN _____ TO YOUR ADDICTIVE CYCLE.

- Non-_____ step back and look at your everyday addiction.
- Identify the _____/_____ “behind” the trigger, giving it its power.

3. KNOCK: DON'T GIVE UP UNTIL THE DOORWAY TO FREEDOM HAS OPENED FOR YOU.

- Reach out for whatever help is needed. Find your “_____” people.
- Give yourself _____ while you rewire what’s been hard-wired.

For God is working in you, giving you the desire and the power to do what pleases him
Philippians 2:13 (NLT)

THIS WEEK'S READING:

JUN 25: MARK 7:14-37; 2 SAM. 18; DAN. 11:21-45
JUN 26: MARK 8:1-21; 2 SAM. 19; DAN. 12
JUN 27: MARK 8:22-9:1; 2 SAM. 20-21; HOSEA 1:1-2:1

JUN 28: MARK 9:2-50; 2 SAM. 22; HOSEA 2:2-23
JUN 29: MARK 10:1-31; 2 SAM. 23; HOSEA 3
JUN 30: MARK 10:32-52; 2 SAM. 24; HOSEA 4:1-11A
JUL 1: MARK 11:1-14; 1 KINGS 1; HOSEA

For a digital version of the reading plan, visit SEACOAST.ORG/AYEARINTHEWORD