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# *A Year in the Word*

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## **A Year in the Word: Start Here: Part 4**

### **Small Group Questions: How to Sleep Through a Storm**

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#### **Read**

Mark 4:35-41, Matthew 5:45, 2 Corinthians 4:17

#### **Reflect**

We all go through times in our lives when it feels like we're just along for the ride, when things are out of our control and everything seems to be going wrong. But just like the eye of a hurricane, we can find peace in the midst of the storm. When was the last time you had to weather a "storm" in your life? Why is it so scary to feel like we have no control? As millions of people along the East Coast have tracked Hurricane Irma, let's take a look at a time in Jesus' life when he and his friends were facing a storm.

Pastor Josh Surratt gave us five things we can all learn from storms:

1. Storms are inevitable.
  - a. Why is it important to remember that storms are inevitable? What lessons can we learn from this truth?
  - b. What can happen when we forget this?
2. Storms are often unpredictable.
  - a. It is exhausting trying to predict where a hurricane will go. Similarly, the unpredictable nature of our own storms can exhaust us. What are some examples of unpredictable storms from your own life?
  - b. What would it look like for you to accept the unpredictability of the storms in your life?
3. Storms can be frightening.
  - a. For you, what aspect of storms is most frightening?
  - b. The disciples were scared, even though Jesus was with them – what would it look like for you to remember that Jesus is in the storm with you?
4. Storms are temporary.
  - a. No storm lasts forever. Have you ever been in the midst of a storm that seemed like it would never end?
5. Storms are purposeful.
  - a. Have you ever asked what God is trying to teach you through your storms?
  - b. Have you ever found unexpected purpose in a storm?

**Respond:** Where is God leading you? How can your small group support you?