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# *A Year in the Word*

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## **A Year in the Word: So Will I: Part 5**

### **Small Group Questions: Spiritual Pathways**

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#### **Read**

Psalms 19:1 and 147:1; Hebrews 10:24–25; Romans 12:7–8; Joshua 24:15; and Luke 10:38–42.

#### **Reflect**

To be physically fit, we need to train our bodies and practice discipline. How does the same apply to our spirituality?

Pastor Darrin Patrick offers several key definitions that help us learn to become better worshippers:

1. Discipline: Any activity I can do by direct effort that will help me do what I cannot now do by direct effort.
  - a. In what areas of your life are you most disciplined? The least?
2. Disciplined person: someone who can do the right thing, at the right time, in the right way, with a right spirit.
  - a. Who could you learn greater discipline from in your life?
3. Spiritual maturity: living as Jesus would in our place: to think what he would think, to feel what he would feel, and therefore to do what he would do.
  - a. In a hard or volatile situation, how often do you stop yourself to think of what Jesus would do?
4. Pathways: your preferred environment and/or activity for connecting with God through Christ.
  - a. After reviewing the following pathways, which ones feel most natural to you? Which are your weakest?

#### The Pathways

1. Naturalist: feels closest to God by spending time in creation.
2. Relational: feels closest to God through relationships with others.
3. Service: feels closest to God by serving in a ministry.
4. Intellectual: feels closest to God when their minds are stimulated.
5. Worship: feels closest to God when adoring God.
6. Activist: feels closest to God when leading others to action.
7. Contemplative: feels closest to God when alone with God.

#### Worship

1. Living as Jesus would in our place: to think what he would think, to feel what he would feel, and therefore to do what he would do.
  - a. What steps will you take to engage those pathways to become closer to God?

**Respond:** Where is God leading you? How can your small group support you?