
A Year in the Word

A Year in the Word: Letters: Part 3 Letters

Small Group Questions: #cozycrazychristmas

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Read

Philippians 2:3–16 and 4:8–9

Reflect

The book of Philippians is full of joy—which is especially inspiring, considering that Paul wrote it from prison. Paul understood seasons of plenty and seasons of hardship, and how...no matter his circumstances, that his joy was found in Christ. How can we model “joy” this season?

Pastor Josh Walters helps us find “cozy” in the “crazy” this Christmas:

1. Make others your favorite.
 - a. How could you be more attentive to the needs of others, especially during this season?
 - b. Who could use your help or encouragement?
 - c. What are your more self-focused tendencies? How will you consciously try to overcome them this season?
2. Remember everything means everything.
 - a. Do you notice yourself getting irritable and frustrated easily? If so, what are the reasons?
 - b. Who could help hold you accountable for less grumbling and being more joyful this season?
3. Don't settle for stress.
 - Pray about everything.
 - What is causing you anxiety right now? What don't you want to carry into Christmas?
 - Have you given it over to God?
 - Think about the good stuff.
 - How hard is it to focus on the good stuff rather than the bad? Explain.
 - How will you try to address negative thoughts?
 - Do the right stuff.
 - When you don't feel you know what to do, who can help you?
 - When you've put this in practice to help others and think of the good, how has God shown up?
 - Name three specific ways you will try to be more attentive to others this season?

Respond: Where is God leading you? How can your small group support you?