

Instafam

Instafam: Part 2

Small Group Questions: #BuildAGreatMarriage

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Read

Song of Solomon 3:1–2, 4:12, 7:10, and 8:6–7; 1 Peter 3:7; Ephesians 5:33; and 1 Corinthians 7:5

Reflect

Our social media posts so often highlight our “picture-perfect” moments. But what are our relationships really like behind those photos?

Pastor Greg highlights a few ways to build a strong marriage:

1. Study your spouse.
 - a. Review the following list. What is your love language? What is your spouse’s love language?
 - Some women feel loved when they are touched.
 - Some women feel loved when you spend time with them.
 - Some women feel loved when you do something for them.
 - Some women feel loved when you buy them stuff.
 - Some women feel loved when you talk to them.
 - b. Two questions to ask your wife:
 - What have I said and done that made you feel loved?
 - What have I said and done that made you feel unloved?
 - c. How does a wife respect her husband?
 - Recognize that he was created to work.
 - Let him protect and provide.
 - Let him “fix it” occasionally.
 - Snuggle next to him on the couch and watch something he likes with him.
 - Don’t let the devil in your bedroom.
 - i. As a wife, which of the above bullets is the easiest for you? Which is the hardest? Why?
 1. As a husband, do you agree with your wife’s assessment?
 2. As a husband, which of the above still proves the greatest challenge in your relationship?
2. Pursue your spouse.
 - a. Right now, how intentional are you and your spouse about pursuing each other?
 - i. Do you have designated date nights on a regular basis?
 - ii. Do you text or call each other during the day?
 - iii. Do you set aside time to really listen to each other?
3. Protect your spouse.
 - a. How are you protecting each other physically and emotionally?
 - i. Do you feel safe with each other? Trust each other?

What needs to change or improve? Are you trying to change it alone? Have you asked God to be at the center of your relationship?

Respond

What is your next step? Where is God leading you? How can your small group support you?