



Shift: Part 1

Small Group Questions: Surviving a Snowstorm

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Read

Ephesians 4:17–29; 2 Corinthians 10:5; Matthew 7:7–8; Ecclesiastes 4:9, 12; and Psalm 46:10

Reflect

When we become believers, we take on a new nature, striving to be like Christ. It's a process to change not only our words, and our actions, but also our thoughts and attitudes at the core. In Ephesians, Paul says to leave behind the old life of sin. For this new year, what small shifts can you make that bit by bit may lead to big change?

Pastor Greg gives us several tips on how to survive a bomb-cyclone snowstorm:

1. When you don't have the right equipment, it doesn't take much to shut down the system.
 - a. What equipment are you not using fully that God has made readily available?
 - b. Which of the following Seacoast values/goals, do you need to focus on most right now, and why? At Seacoast, we want you to be equipped for anything.
 - Know God.
 - Grow in your faith.
 - Discover your purpose.
 - Make a difference.
2. It's the things you don't see that present the biggest danger.
 - a. Which of the strongholds in the bulleted list below are you struggling with the most?
 - b. Whose voice are you really listening to? Does it reflect God's Word?
 - c. What recurring thought, attitude, words, or action do you need to get rid of, or change?

What's the biggest threat to your current wellbeing?

- Futile thinking

What are the black-ice patches you need to be careful of?

- Hidden lies
- Frozen anger
- Fatalistic apathy
- Careless words

3. It just takes a few small shifts to get you through the storm. What's your next step?
 - Slow down and look for ways to enjoy the journey, and acknowledge your calling.
 - Admit your need for help, and adjust your speed to match your current conditions.
 - Enlist a team to help you get where you need to go.

Respond: Where is God leading you? How can your small group support you?