
A Year in the Word

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Small Group Questions: Trust in God for 2018

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Read

Proverbs 3:5

Reflect

In Proverbs 3:5, we're told to trust the Lord with all our hearts and lean not on our own understanding. But if we've trusted someone and been let down, it can be hard not to grow skeptical and say "never again." We might even consider it a weakness to be trusting. So why does God not ease our minds and just reveal his entire plan for us, all at once?

To grow in trusting God, Pastor Chris Russo poses three questions:

1. Who do I believe God is?
 - a. What experiences have taught you not to be overly trusting?
 - i. How do those experiences affect your view of God?
 - b. When you picture God, do you tend to edit your view according to how you think you're supposed to see him, rather than how you actually do?
 - i. Can you give yourself permission to face your unedited view of God?
 - ii. What does this unedited version tell you?
2. What's holding me back?
 - a. When you think of giving control of your life to God, what specific hopes, dreams, or fears are hardest to release? Which ones cause you to grow anxious and tighten your grip?
 - i. Do you worry what God will require of you? What he might take away? Do you worry God will have things turn out differently than you hope? How does this circle back to the first question—Who do you believe God is?
 - ii. Do you believe he has your best interests at heart? Explain.
 - b. How willing are you to ask God to teach you to trust him? Do you think we can grow without putting our trust in God?
 - c. When have you chosen to trust God, and found him completely trustworthy? How has trusting God proven to be like working a muscle?
3. Who can help me trust him?
 - a. Who makes up your support system? Who do you call when you're struggling?
 - b. How does having a community with different experiences and different gifts help you?
 - c. Who most encapsulates the idea of "trust," and why?
 - d. How is God asking you to step out and trust him right now?

Respond: Where is God leading you? How can your small group support you?