

Go ahead and be angry. You do well to be angry—but don't use your anger as fuel for revenge. And don't stay angry. Don't go to bed angry. Don't give the Devil that kind of foothold in your life. **Ephesians 4:26-27 (MSG)**

WHERE IS YOUR ANGER COMING FROM AND WHERE IS IT TAKING YOU?

He and Aaron rounded up the whole congregation in front of the rock. Moses spoke: "Listen, rebels! Do we have to bring water out of this rock for you?" With that Moses raised his arm and slammed his staff against the rock—once, twice. Water poured out. Congregation and cattle drank. God said to Moses and Aaron, "Because you didn't trust me, didn't treat me with holy reverence in front of the People of Israel, you two are not going to lead them into the promise land that I am giving them." **Numbers 20:9-12 (MSG)**

Time passed. Moses grew up. One day he went and saw his brothers, saw all that hard labor. Then he saw an Egyptian hit a Hebrew—one of his relatives! He looked this way and then that; when he realized there was no one in sight, he killed the Egyptian and buried him in the sand. **Exodus 2:11-12 (MSG)**

USE ANGER AS A _____ NOT AS A _____

He found the Temple teeming with people selling cattle and sheep and doves. The loan sharks were also there in full strength. Jesus put together a whip out of strips of leather and chased them out of the Temple, stampeding the sheep and cattle, upending the tables of the loan sharks, spilling coins left and right. He told the dove merchants, "Get your things out of here! Stop turning my Father's house into a shopping mall!" That's when his disciples remembered the Scripture, "Zeal for your house consumes me."

John 2:13-17 (NLT)

IF WE DON'T COMFORT OURSELVES THROUGH _____,

WE WILL DO IT THROUGH _____

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things! **Galatians 5:22-23 (NLT)**