

Herod Antipas, the king, soon heard about Jesus, because everyone was talking about him. Some were saying, "This must be John the Baptist raised from the dead. That is why he can do such miracles." Others said, "He's the prophet Elijah." Still others said, "He's a prophet like the other great prophets of the past."

When Herod heard about Jesus, he said, "John, the man I beheaded, has come back from the dead."

For Herod had sent soldiers to arrest and imprison John as a favor to Herodias. She had been his brother Philip's wife, but Herod had married her. John had been telling Herod, "It is against God's law for you to marry your brother's wife." So Herodias bore a grudge against John and wanted to kill him. But without Herod's approval she was powerless, for Herod respected John; and knowing that he was a good and holy man, he protected him. Herod was greatly disturbed whenever he talked with John, but even so, he liked to listen to him.

Herodias's chance finally came on Herod's birthday. He gave a party for his high government officials, army officers, and the leading citizens of Galilee. Then his daughter, also named Herodias, came in and performed a dance that greatly pleased Herod and his guests. "Ask me for anything you like," the king said to the girl, "and I will give it to you." He even vowed, "I will give you whatever you ask, up to half my kingdom!"

She went out and asked her mother, "What should I ask for?" Her mother told her, "Ask for the head of John the Baptist!"

So the girl hurried back to the king and told him, "I want the head of John the Baptist, right now, on a tray!"

Then the king deeply regretted what he had said; but because of the vows he had made in front of his guests, he couldn't refuse her. So he immediately sent an executioner to the prison to cut off John's head and bring it to him. The soldier beheaded John in the prison, brought his head on a tray, and gave it to the girl, who took it to her mother. When John's disciples heard what had happened, they came to get his body and buried it in a tomb.

Mark 6:14-29 (NIV)

Cling to your faith in Christ, and keep your conscience clear. For some people have deliberately violated their consciences; as a result, their faith has been shipwrecked.

1 Timothy 1:19 (NIV)

LIVING WITH NO REGRETS

1. GET GOOD AT _____ AND _____ THE TRUTH

She had been his brother Philip's wife, but Herod had married her. John had been telling Herod, "It is against God's law for you to marry your brother's wife." **Mark 6:17-18 (NLT)**

So stop telling lies. Let us tell our neighbors the truth, for we are all parts of the same body. **Ephesians 4:25 (NLT)**

So Herodias bore a grudge against John and wanted to kill him. **Mark 6:19 (NLT)**

Faithful are the wounds of a friend; but the kisses of an enemy are deceitful. **Proverbs 27:6 (AKJV)**

2. CHOOSE YOUR _____ CAREFULLY

Then the king deeply regretted what he had said; but because of the vows he had made in front of his guests, he couldn't refuse her. **Mark 6:26 (NLT)**

3. KEEP A _____ HANDY

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. **1 John 1:9 (NIV)**