



## Small Group Questions: Marked for Peace

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### Read

Mark 4:35-41; 2 Corinthians 4:17; Romans 8-28 and 15:13; Philippians 4:8; Psalm 23 1-4

### Reflect

We all experience storms in our lives. In fact, many of us are going through one right now—or one is brewing. In Mark 4:35-41, Jesus is able to sleep soundly on a cushion while a furious storm rages around him. He remains at peace. Do you have His kind of peace? How can we embrace the peace available through grace, when storms typically make us feel the opposite?

Pastor Greg summarizes what we know about storms:

1. They are inevitable
2. They are sometimes sudden.
3. They can be frightening
4. They are temporary
5. They have a purpose.
  - a. What would you consider to be the most furious storms you have experienced?
  - b. In 2 Corinthians 4:17, Paul says our light and momentary troubles are achieving for us eternal glory. Looking back, can you see the purpose in your storms yet?
  - c. How have your storms helped build your faith in Christ? The faith of others?

How can we learn to sleep through a storm?

1. Make sure God's in your boat.
  - a. Have you asked God to be in your boat? If not, what is preventing you?
2. Plan ahead so you'll be ready for the storm
  - a. How are you preparing for the next storm?
  - b. How are you working to establish a supportive community? Who would you call if a storm arose?
3. If the storm does wake you up, be sure to focus on the truth.
  - a. What keeps you awake?
  - b. Consider what thoughts repeatedly go through your mind. If you filter them through Philippians 4:8, how do they look now?
  - c. Do you think you are looking at your storms with a more temporal or eternal perspective?
  - d. In what practical ways can you work to change your thoughts?
  - e. Acknowledge that God is with you. Which of God's promises do you most need to claim right now?
  - f. If negative, worrisome thoughts wake you or keep you up, what tools will you have ready to use?

### Respond

What do you feel God is asking you to do in response to this message? What is your next step? How can your small group support you and hold you accountable in this?