

## STRENGTHENING YOUR RELATIONAL CORE

### 1. WHY ARE FRIENDSHIPS SO IMPORTANT?

A. You were \_\_\_\_\_ for \_\_\_\_\_

*Then the Lord God said, "It is not good for the man to be alone. I will make a helper who is just right for him." **Genesis 2:18 (NLT)***

B. Isolation makes you \_\_\_\_\_

*A man who isolates himself seeks his own desire; He rages against all wise judgment. **Proverbs 18:1 (NKJV)***

C. Friends will help shape your \_\_\_\_\_

*Walk with the wise and become wise; associate with fools and get in trouble. **Proverbs 13:20 (NLT)***

*As iron sharpens iron, so a friend sharpens a friend. **Proverbs 27:17 (NLT)***

### 2. WHAT KIND OF FRIENDS DO I NEED?

A. \_\_\_\_\_ - Friends who will help you get the best return on your labors

*Two people are better off than one, for they can help each other succeed. **Ecclesiastes 4:9 (NLT)***

*Jesus - There is no greater love than to lay down one's life for one's friends. **John 15:5 (NLT)***

B. \_\_\_\_\_ - Friends who will pick you up when you've fallen down

*If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. **Ecclesiastes 4:10 (NLT)***

*The Godly may trip seven times, but they will get up again. **Proverbs 24:16 (NLT)***

C. \_\_\_\_\_ - Friends who will warm you up when you are feeling cold

*Likewise, two people lying close together can keep each other warm. But how can one be warm alone? **Ecclesiastes 4:11 (NLT)***

D. \_\_\_\_\_ - Friends who will have your back when others attack

*A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. **Ecclesiastes 4:12a (NLT)***

### 3. WHAT IS THE SECRET SAUCE TO EFFECTIVE FRIENDSHIPS?

*Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. Likewise, two people lying close together can keep each other warm. But how can one be warm alone? A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken. **Ecclesiastes 4:9-12 (NLT)***