



## Life Group Questions: Part 3 - I Hope You Dance

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### Read

Matthew 11:28-30; Psalms 32:1-5

### Reflect

We continue our Mixtape series with “I Hope You Dance.” Do you feel like you’ve lost your sense of awe when it comes to life? Have you become cynical and jaded? This week Pastor Greg spent some time talking about the importance of innocence and awe. Why do you think people tend to lose those things as they go through life?

Pastor Greg gave us three things that will help us maintain our innocence and awe:

1. Be careful with the applause
  - a. Applause is seductive; we all love being recognized and appreciated. What are the dangers you face when it comes to applause?
  - b. How can we guard against pride? How can we avoid doing things merely for the applause?
2. Take time to rest
  - a. Do you value rest in your life? If you answer yes, what are the evidences of this? If someone could see your daily schedule, would they believe you?
  - b. What refreshes you? What helps you rest? How can you build this into your life so that it becomes a rhythm?
3. Learn to confess your sin
  - a. Who really knows you? Who can you confess to? Are you holding all your sin inside? What do you think keeps us from confessing, from being truly honest with people?

What was your biggest take-away from the weekend message?

### Respond

- What do you feel like God is asking you to do in response to the weekend message? What is your next step?
- How can your Small Group support you and hold you accountable in this?