

GOD'S REPLENISHMENT PLAN

"People seemed to come from all parts, and the Word came with exceeding power...I hastened to Charleston; but my body was exceeding weak, and the sun shone so intensely hot that... I lay for a considerable time, almost breathless and dead. But God comforted and being thereby strengthened in the inner man... I preached... with more freedom and power than could have been expected, considering the great weakness of my body."

-George Whitefield's Journals, p. 441

'...*"I have had enough, Lord," he said. "Take my life..." Then he lay down under the bush and fell asleep.*' 1 Kings 19:4-5

- Physically exhausted
- Emotionally depleted
- Spiritually intimidated
- Vocationally defeated
- Relationally isolated

1. PHYSICAL STRENGTH

'All at once an angel touched him and said, "Get up and eat." He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again. The angel of the Lord came back a second time and touched him and said, "Get up and eat, for the journey is too much for you." So he got up and ate and drank. Strengthened by that food, he traveled forty days and forty nights until he reached Horeb, the mountain of God.'... 1 Kings 19:5b-8

2. EMOTIONAL HEALTH AND SPIRITUAL INTIMACY

"strengthened by that food, he traveled forty days and nights." 1 Kings 19: 8b

"what are you doing here, Elijah?" 1 Kings 19:9, 13

"a gentle whisper". 1 Kings 19:12

3. VOCATIONAL FRUITFULNESS

"Go back the way you came." 1 Kings 19:15

"Go back the way you came...and anoint Elisha...to succeed you as prophet."
1 Kings 19:15-16

4. RELATIONAL CONNECTIVITY

"I am the only one left" 1 Kings 19:10,14

"Yet I reserve seven thousand in Israel - all whose knees have not bowed down to Baal."
1 Kings 19:18