

Parenting Hacks

Small Group Questions: Part 4: The Tension With Technology

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Read

Proverbs 24:3, John 10:10, Deuteronomy 6:6-7, 1 Chronicles 12:32, Galatians 6:9

We are parenting a generation with new challenges. Though the Bible doesn't talk about technology, it can offer guidance when we are overwhelmed with how to best raise our children.

Pastor Josh and Lisa Surratt share seven points to help us feel empowered, encouraged, and confident in our abilities to lead our children well in the digital world.

1. I will determine the times and places for technology.
 - a. It is not a right for our children to have technology, it is a privilege. What boundaries have you set within your family when it comes to screens?
 - b. Where are the places that can you talk to your kids about life and God, free from digital distraction?
2. I will stay fluent in current technology.
 - a. As parents, we are digital immigrants, and our kids are digital natives. In what areas of your child's life can you learn more about their interests?
 - b. What questions are you asking about your child's interests, and who are you asking?
3. I will look for opportunities to enter their digital world.
 - a. What is stopping you from sitting with your child and learning about the games, and apps that they're playing? If you're already doing that, what good has come from that time spent together?
4. I will do what is best instead of what is fair.
 - a. Kids often find the boundaries parents set as unfair, how are you determining what is best vs what is fair?
5. I will model the way.
 - a. What limits can you set for yourself, so that you can show your kids a good example for screen time?
6. Remember that I am the parent.
 - a. How do you maintain the protection of your kids when it comes to technology, even when your child challenges your rules?
7. I will not try to navigate the challenges of parenting in isolation.
 - a. What accountability can you set within your group either for yourself, or for parenting, that will help you establish healthy rhythms when it comes to technology?