

## **Take Heart - Part Two**

Pastor Darrin Patrick

### **Wrestling with God**

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#### **Read**

Genesis 25:19-26, Matthew 11:28-30

#### **Reflect**

Pastor Darrin Patrick discusses how mankind has wrestled with God for generations and why wrestling with him is actually good for us.

1. Face our loneliness.
  - a. What am I wrestling with God about?
  - b. Am I allowing space in my day for God to work in me?
  - c. In what ways, if any, does the story of Jacob and Esau resonate with me?
  
2. Discern our wounds.
  - a. Are there certain wounds from my past that I am avoiding? What steps can I take to begin healing these wounds?
  - b. What wounds am I allowing to define me?
  - c. What changes in my behavior or routine can I practice to affirm my identity in Christ?
  
3. Surrender our control
  - a. Why is surrendering to God important?
  - b. Have I given God full control over my life? What areas am I holding back and why?

**Respond:** Where is God leading you? How can your small group support you?