



WEEK TWO

ACTS 17:16-34

Paul tells the people in Athens about the God who made everything, and how He gave us His Son, Jesus.



REMEMBER THIS:

“These are written so that you may believe that Jesus is the Christ, the Son of God.”
JOHN 20:31, NLT



SAY THIS:

Who can believe in Jesus?
I CAN BELIEVE IN JESUS.

BASIC TRUTH:

JESUS WANTS TO BE MY FRIEND FOREVER.

15 MINUTES TO BEING A GREAT PARENT

By Lauren Terrell

“Being a great mom is SO easy. You just have to play Barbies with your kids all day long. Maybe sometimes take a break to play Candyland. Chores are so unnecessary!!” These were actual thoughts I remember having as a child.

I didn’t anticipate, however, what would happen to my love for “fun” over the next two decades that would make doing the dishes (in silence) immensely more appealing than playing Barbies with a 5-year-old.

Before I knew it, I found myself making any and every excuse to NOT play with my daughter. I had somehow morphed into the parent I never thought I would become—who doesn’t love and live to play childhood games.

A few months ago, I found myself dreading 7am like I would a root canal because I knew it meant another 12-hour struggle with my daughter who wanted my attention at Every. Single. Waking. Moment.

That’s when I came up with The Fun Fifteen.

I knew I was missing out on a relationship with this daughter I loved so much because of our competing ideas of fun. So I began to wonder, “If I give in and dedicate 15 minutes of my undivided attention to her every day, doing what

she wants to do, would she still be so desperate for my attention?”

So we made a chart with stock photos of things we liked doing together (that could be done in 15 minutes). I let her pick an activity and set the timer. And then I played like it was what I’d been waiting for my whole life. When the timer went off, we were both bummed (I expressed more disappointment than I truly felt). But I told her I couldn’t wait for our next “Fun Fifteen” tomorrow.

It’s only been a few months since we started our Fun Fifteen. Some days I am begging the timer to go off. Other days, I ignore the timer and it turns into a Fun Twenty or even Fun Fifty. And my relationship with my daughter has improved immensely. I feel like a good (maybe even great?) mom.

If you are overwhelmed by the amount of attention your kids seem to need, or if having fun with your child feels more like a chore, try implementing your own Fun Fifteen. I think you’d be surprised how making a conscious choice to have fifteen minutes of FUN every day could radically change your relationship.



For more blog posts and parenting resources, visit:
TheParentCue.org



DO THIS:



Give your child a clipboard, paper, and washable crayons as you get in the car. Tell them to draw something God made while you drive. When you get where you are going, ask your child to show you their drawing and tell you about it. When you get home, put it on the fridge as a reminder that God made the whole world and everything in it.