

*Faint, yet pursuing...* **Judges 8:4 (KJV)**

*...a source of strength to those who turn back the battle at the gate.* **Isaiah 28:6b (NIV)**

*She girds herself with strength [spiritual, mental, and physical fitness for her God-given task] and makes her arms strong and firm.* **Proverbs 31:17 (AMP)**

*A wise man is strong, (spiritually, mentally and physically)  
And a man of knowledge strengthens his power;* **Proverbs 24:5 (AMP)**

*Isn't it obvious that all runners on the racetrack keep on running to win, but only one receives the victor's prize? Yet each one of you must run the race to be victorious. A true athlete will be disciplined in every respect, practicing constant self-control in order to win a laurel wreath that quickly withers. But we run our race to win a victor's crown that will last forever. For that reason, I don't run just for exercise or box like one throwing aimless punches, but I train like a champion athlete. I subdue my body and get it under my control, so that after preaching the good news to others I myself won't be disqualified.* **1 Corinthians 9:24-27 (TPT)**

*Don't lose a minute in building on what you've been given, complementing your basic faith with good character, spiritual understanding, alert discipline, passionate patience, reverent wonder, warm friendliness, and generous love, each dimension fitting into and developing the others. With these qualities active and growing in your lives, no grass will grow under your feet, no day will pass without its reward as you mature in your experience of our Master Jesus.* **2 Peter 1:5-9 (MSG)**

*"Waiting does not diminish us, any more than waiting diminishes a pregnant mother. We are enlarged in the waiting"* **Romans 8:24 (MSG)**

*Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ...* **1 Thessalonians 5:16-18 (NIV)**

*I complained and my spirit was overwhelmed.* **Psalms 77:3 (NKJV)**

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*I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength.* **Philippians 4:11-13 (NIV)**