

DAILY DEVOTIONAL

Haters / Week 1

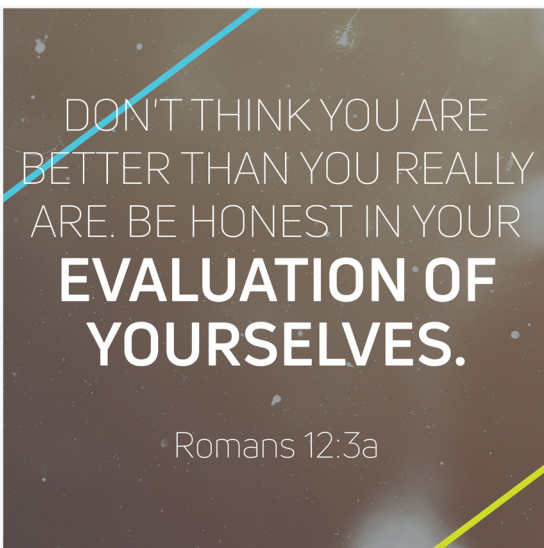
WEEK 1

DROP THE ROCK.



DAY 1

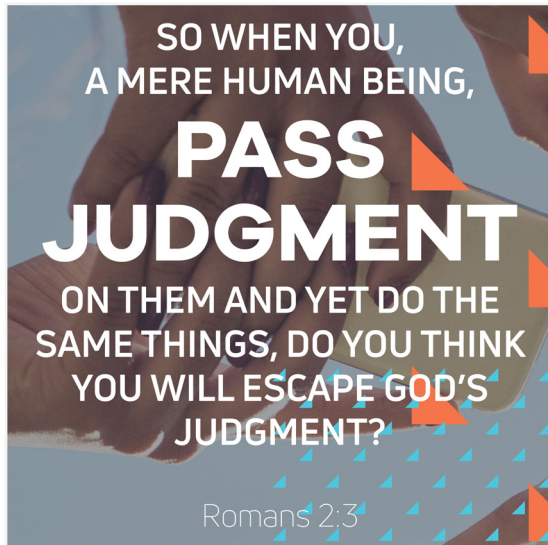
PRAY // Who do you find yourself judging or hating on the most? Is it a certain type of person, group, race, or religion? Is it the guys on the basketball team? Is it the girls who dress or act a certain way? The truth is, only God can truly judge. Why? Because He's the only one who can see the whole picture. He's the only one who can see peoples' hearts and motives—beyond the way a person looks or acts on the surface. Let's leave the judging up to God. Today, ask God to show to you people you're most likely to hate on or judge. Then ask Him to show you one way you can begin to change the way you treat those people.



DAY 2

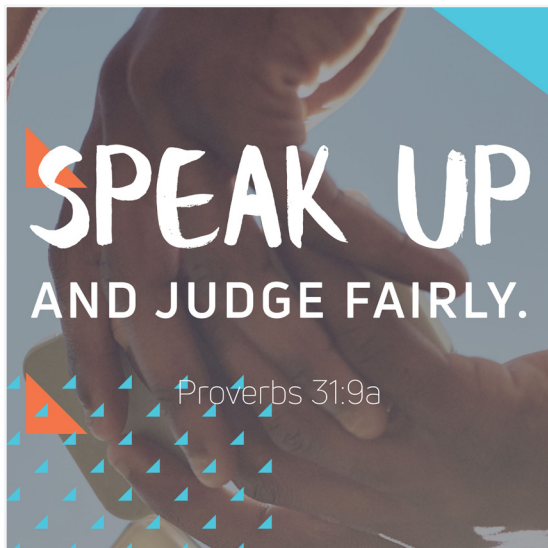
LIVE // Oftentimes our judgment of others comes from an elevated view of ourselves. In other words, we think we're better than the people around us. The truth is, we all have areas of weakness, areas we struggle, and areas we need to be making better decisions. What are your areas of weakness and strength? We will be less likely to judge and hate on others when we are aware of our own flaws and shortcomings. Today, make a list of strengths and weaknesses—areas you're struggling and areas you're succeeding. Then ask God to remind you of your list the next time you're tempted to judge someone else.





DAY 3

LIVE // People can be frustrating. But, how can you be mad at someone for lying if you know you lie regularly? Or how can you be angry when someone gossips when you gossip all the time, too? It's easy to take offense at others and never take responsibility for doing the same things. The reality is that we aren't qualified to pass judgment on people, especially when we do the same things they're doing. The next time you're about to blow up at someone for doing something, ask yourself, "Is this something I've ever done before?" If so, let that be a gentle reminder to be kind in that moment instead of getting angry.



DAY 4

LIVE // Is it ever okay to judge? Yes. But we must judge the right way. In other words, we must learn to see the world the way God sees the world. Through God's lens, we'll likely be appalled by the injustice we see in the world. After you judge what's wrong with the world around you, ask yourself, "How can I help?" No matter how you decide to help, the first step is to speak up and the next is to act. Today, act on the injustice you see, whether that's at school, in your friend group, or in the community around you.



DAY 5

LIVE // Most people spend the majority of their time thinking about themselves. If that's you, you're completely normal. But what would happen if we started spending some time thinking about others, if we started valuing others above ourselves? What might happen if we started focusing more time on our family, friends, and community? Now, this doesn't mean you should be thinking less OF yourself. That's not the point. The point is to be thinking ABOUT yourself less. Today, pick one person—maybe someone at home or at school—who you can spend some time thinking about and serving. You never know what two minutes serving might mean to someone in your life.

