

Josh and Katie Walters

When the large crowd of the Jews learned that Jesus was there, they came, not only on account of him but also to see Lazarus, whom he had raised from the dead. So the chief priests made plans to put Lazarus to death as well, because on account of him many of the Jews were going away and believing in Jesus. **John 12:9-11 (ESV)**

For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

Ephesians 2:10 (ESV)

WHAT DOES THE BIBLE SAY ABOUT MY BODY

1. WHO DOES MY BODY BELONG TO?

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.

1 Corinthians 6:19-20 (NIV)

Keep watch over yourselves and all the flock of which the Holy Spirit has made you overseers. Be shepherds of the church of God, which he bought with his own blood. **Acts 20:28 (NIV)**

The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.

John 10:10 (ESV)

For he who was called in the Lord as a bondservant is a freedman of the Lord. Likewise he who was free when called is a bondservant of Christ. **1 Corinthians 7:22 (ESV)**

2. DOES GOD CARE WHAT I DO WITH MY BODY?

“I have the right to do anything,” you say—but not everything is beneficial. “I have the right to do anything”—but I will not be mastered by anything. You say, “Food for the stomach and the stomach for food, and God will destroy them both.” The body, however, is not meant for sexual immorality but for the Lord, and the Lord for the body. . . . Do you not know that your bodies are members of Christ himself?

1 Corinthians 6:12-13, 15 (NIV)

• Cremation

By the sweat of your face you shall eat bread, till you return to the ground, for out of it you were taken; for you are dust, and to dust you shall return. **Genesis 3:19 (ESV)**

Now when David had served God’s purpose in his own generation, he fell asleep; he was buried with his ancestors and his body decayed. **Acts 13:36 (NIV)**

• Alcohol Consumption

He makes grass to grow for the cattle, and plants for man to cultivate—bringing forth food from the earth; wine that gladdens the heart of man, oil to make his face shine, and bread that sustains his heart. **Psalms 104:14-15 (BSB)**

Stop drinking only water and use a little wine because of your stomach and your frequent illness.

1 Timothy 5:23 (NIV)

Do not gaze at wine when it is red, when it sparkles in the cup, when it goes down smoothly! In the end it bites like a snake and poisons like a viper. **Proverbs 23:31-32 (NIV)**

Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

Ephesians 5:18 (NIV)

It is good not to eat meat or drink wine or do anything that causes your brother to stumble.

Romans 14:21 (ESV)

• Masturbation

But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God’s holy people. **Ephesians 5:3 (NIV)**

Whether, then, you eat or drink or whatever you do, do all to the glory of God.

1 Corinthians 10:31 (NASB 1995)

• Tattoos

Do not cut your bodies for the dead or put tattoo marks on yourselves. I am the LORD.

Leviticus 19:28 (NIV)

On his robe and on his thigh he has this name written: King of Kings and Lord of Lords.

Revelation 19:16 (NIV)

• Vaccines

So whatever you believe about these things keep between yourself and God. Blessed is the one who does not condemn himself by what he approves. But whoever has doubts is condemned if they eat, because their eating is not from faith; and everything that does not come from faith is sin. **Romans 14:22-23 (NIV)**

The only thing that counts is faith expressing itself through love. **Galatians 5:6 (NIV)**

3. WHAT DOES IT LOOK LIKE TO GIVE MY BODY TO GOD?

Brothers and sisters, God has shown you his mercy. So I am asking you to offer up your bodies to him while you are still alive. Your bodies are a holy sacrifice that is pleasing to God. When you offer your bodies to God, you are worshiping him in the right way. **Romans 12:1 (NIRV)**

So will it be with the resurrection of the dead. The body that is sown is perishable, it is raised imperishable; it is sown in dishonor, it is raised in glory; it is sown in weakness, it is raised in power; it is sown a natural body, it is raised a spiritual body. **1 Corinthians 15:42-44 (BSB)**