

## Small Group Questions: How to Be Happy/Still Haven't Found What I'm Looking For

Pastor Josh Surratt

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### Read

Matthew 5:6

### Reflect

Pastor Josh Surratt addresses why many people haven't found what they are seeking in life and what they can do to find satisfaction.

#### WHY AREN'T WE SATISFIED?

1. **Because we fill up on the wrong stuff.**
  - a. What "junk food" do you find yourself filling up on?
  - b. How does it make you feel?
2. **Because we don't think we'll like what's good for us.**
  - a. Do you ever assume you won't like what's good for you? How?
  - b. Share about a time you didn't think you would like something good for you but was surprised you did like it.

#### WHAT IS RIGHTEOUSNESS?

1. **Righteousness is a relationship.**
  - a. Do you ever worry you aren't right with God?
  - b. Read Romans 10:9-10. What does this verse tell us we have to do to be right with God?
2. **Righteousness is a lifestyle.**
  - a. Read 1 John 2:29. What are some ways you can practice righteousness?

#### HOW DO I STAY SPIRITUALLY HUNGRY?

1. **Remind myself how much God loves me.**
  - a. What thoughts usually go through your mind about how God feels about you?
  - b. If these thoughts are negative, what are some things you can do to turn them around?
2. **Make knowing God my #1 goal.**
  - a. Is knowing God your #1 goal, if not, how can you make him a priority?
3. **Join a small group for support.**
  - a. How has being in a small group helped you stay spiritually hungry?

**Respond:** Where is God leading you? How can your small group support you?