

## Small Group Questions: The Power of Routine/Prayer

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### Read

James 5:16

### Reflect

The nation seems to have had a prayer revival since Damar Hamlin of the Buffalo Bills went into cardiac arrest during a Monday Night Football game. In this message, Pastor Josh Walters describes the surprising reaction the media and public have had to this event, and he talks about how we can make prayer a habit in our everyday lives.

#### 1. Schedule it

- a. What does your prayer routing look like?
- b. How would you like to see your prayer life change?
- c. When are you making time in your day for 2 1/2 minutes of prayer? If you aren't already, when could you schedule time with God?

#### 2. Show up

- a. How can we hold each other accountable to follow through on prayer time?
- b. How can you eliminate distractions and make sure you are engaged during this prayer time?
- c. What evidence of the power of prayer have you experienced when you've spent time talking with God?

#### 3. Speak out.

- a. How can speaking your prayers out loud help others?
- b. Rather than "I'll be praying for you," what impact could you make on someone by praying on the spot, whether that be on social media or in person?
- c. Would you consider speaking prayers for others out loud over the next seven days? For those who commit, we can talk about your experience at small group next week.

**Respond:** Where is God leading you? How can your small group support you?