

## Small Group Questions: United We Stand / How Do I Guard My Heart?

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### Read

Proverbs 4:23

### Reflect

The Bible repeatedly speaks about the condition of your heart because the condition of your heart is the condition of your life. In this week's message, Pastor Josh Surratt gives three ways to guard and protect your heart from the devil's schemes.

#### 1. Control your tongue.

- a. What do you listen to that maybe you shouldn't?
- b. Does your speech warm things up or burn things down? Give examples.
- c. In what relationships do you need to control your tongue the most?
- d. How might the tone you use make something you say seem harsher than the actual words?
- e. When might you need to refrain from gossip? What are some good strategies for avoiding it?

#### 2. Fix your eyes.

- a. Where do you tend to look – backwards (at the past), to the side (at others around you), or forward (to future opportunities)?
- b. What concrete things can you do this week to help you fix your eyes on Christ?

#### 3. Submit your steps.

- a. What tempts you from taking your eyes off God?
- b. What has the possibility of tempting you?
- c. In what areas of your life do you need God's guidance the most?

**Respond:** Where is God leading you? How can your small group support you?