

Small Group Questions: One Thing I Do – Every Day!

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Read

Philippians 3:12-14, Matthew 22:36-39

Reflect

Over 40 years of being a pastor and counselor have taught Pastor Chip Judd to do one thing every day. It's something that doesn't come naturally to us before or after becoming a Christian. However, it's the one thing that can improve our circumstances dramatically and help us live our lives effortlessly.

In today's message, Pastor Chip reveals what this one thing is.

- 1. What is the goal, the prize? Do we have to wait to receive it?**
 - a. What do you think Paul is talking about in Philippians 3:12-14?
 - b. Is it something we can receive here on earth, or do we have to wait until we die?

- 2. "Jesus, what is God's #1 desire, intention, or purpose?"**
 - a. Before this message, how might you have answered this question?
 - b. What keeps you from believing that God made you so that he could love you?

- 3. Why is it so hard for most people to R&R in the Father's love?**
 - a. What prevents you from R&R (receiving and resting) in God's love?
 - b. Do you experience God's love so consistently and in such a deep and powerful way that is the daily reality from/in which you EFFORTLESSLY live?
 - c. If not, what do you need?
 - d. In what places do you tend to look for this apart from God?

- 4. How do I re-train my soul every day by focusing on this one thing?**
 - a. How can you begin to go to God to satisfy your needs?
 - b. What are your idols? (An idol is any person or thing we run to or rely on to meet needs only God can meet.)
 - c. When can you carve out time to practice receiving and resting in God's love daily?

Respond: Where is God leading you? How can your small group support you?