

Faith is trusting in what you can't see because of what you can see.

DAY 1

Read Psalm 42:8

Think back over your day. Write down three things you did this morning and three things you did this evening. Then, beside each activity, write the name of someone who was with you. If you were by yourself, leave the line blank.

Morning Activities:

- 1.
- 2.
- 3.

Evening Activities:

- 1.
- 2.
- 3.

Which activities today were your favorite? Put a plus sign. Which were your least favorite? Put a minus sign next to those. Did you leave any columns on the right-hand side blank? Did you know that even if you were by yourself, you weren't really alone?

Read today's verse aloud. Who sends love to you during the day? Who can you sing to at night? God. You can always talk to God because God is with you. No matter what happens, you're never alone!

DAY 2

Read Philippians 4:6-7

How good is your memory? If someone asked you to give a play by play of what happened today, could you remember every single detail from your day? Did you know that God could? Why? Because God is with you.

God, the one who made you and loves you, is near. God cares for you and hears you when you pray. God is ready to give you peace, no matter what you're worried about! Stop right now and thank God for listening. Tell God about your day and talk to God about what you're worried about. You can trust God no matter what!



Read Psalm 48:14

Did you know...

A whole town helped break a record for the longest piece of string cheese? More than 1700 residents of Weyauwega, Wisconsin lined up to hold the 2000-foot-long piece of cheese, equal to around 30,000 cheese sticks like the ones you snack on!

The longest road runs from Alaska all the way to Argentina? The Pan-American Highway covers about 19,000 miles from Prudhoe Bay, Alaska to Ushuaia, Argentina!

The longest word in the dictionary isn't supercalifragilisticexpialidocious? It's pneumonoultramicroscopicsilicovolcanconiosis, which is another word for the occupational disease silicosis.

But none of these things go on forever!

The dictionary defines "forever" as for all time, for always. When we say that God will be our guide to the very end, that means for all time. Forever means there will never be a time when God is not with you. And that's a big reason to put your trust in God. When good things happen and when bad things happen, God is with you, forever and always.

Read Psalm 54:4

When you need help, who do you ask?

There are people in our lives who can help us when we need it. But there's Someone else who's always ready to help. God.

You can fully rely on God, no matter what the situation. And each time you choose to trust God, your faith will grow. That's why David wrote the words of this Psalm. He knew that he could trust God in the middle of this hard situation because God had been with him in the past. When bad things happen, God is with you, ready to help you keep going!

What's Missing?

Fill in the missing vowels below. Then read the verse aloud and thank God for his promise to help you keep going.

"B.....t kn.....w th.....t G.....d
h.....lps m..... . Th..... L.....rds th.....
n..... wh..... k.....ps
m..... g.....ng."

Ps.....lm 54:5

Answer Key: U, I, O, A, O, E, E, E, O, I, E, O, E, E, E, O, I, A

**When bad things happen,
God is with you.**