Small Group Questions

Reactions: The Root of Reactions - Fear

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The Israelites had been freed from slavery, but in the book of Numbers, we read that the reports of ten men painted a fearful picture of the promise land. The Israelites became too afraid to enter the land God had prepared for them and were forced to wander the desert for forty years. Today, similar to the Israelites, our fears hold us back, but by reciting God's truth, we can step into all that he has for our lives.

Pastor Josh Surratt discusses the four ways we can tear down fear and build our faith.

Read:

Numbers 13, Numbers 14

Reflect:

1. Fear is fueled by misinformation.

- a. How have you made decisions based on your feelings and not God's truth?
- b. In what ways can you become confident in God's truth and who he is?
- c. Who are you listening to when it comes to decisions you need to make?

2. Fear breeds more fear.

- a. What are you hiding from because of fear?
- b. Describe a time when you've been afraid of something because of another incident?
- c. How can you combat fears with truth?

3. Fear will force you to settle

- a. In what ways have you settled because of fear?
- b. Why do you think people shrink back when they know something good is on the other side?
- c. What could you gain if you let go of fear and trust God?

4. Fear will give way to faith when I shift my focus.

- a. What would it cost you to give your fear to God?
- b. How would you describe God?
- c. How can God's "résume" encourage you to let go of fear?

Respond:

What is God saying to you and how can your small group support you?