

Small Group Questions: Acts: Encountering the Holy Spirit / Dismantling Your Distress

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Read

Mark 14:15-21

Reflect

Pastor Joel Delph has a friend named Tracy who is an officer in the U.S. Marines. One time, when Tracy got back from deployment, she told Pastor Joel she couldn't wait to go back. She said leading Marines when they don't have a mission is a nightmare; they are distracted and get themselves into all kinds of trouble. But when they're on a mission, they are focused, which is powerful. How similar are Christians to Marines? And how can we stay focused on our mission? Through the leading of Holy Spirit!

Pastor Joel tells us four things about the Holy Spirit:

- Always reinforces the Word of God.
- Acts as a guide.
- Equips us in weakness.
- Corrects us for a greater purpose.

Questions:

- In what ways has the Holy Spirit worked in your life according to these points?
- Have there been times you have missed His leading? If so, what was the result?

DISMANTLING YOUR DISTRESS

Many things about life and the world can cause us to be distressed, but we can fight these feelings in three ways:

- **Mindset**
 - Do you anchor your mindset in the Word of God? Do you have believers in your life who help reinforce this mindset? If not, how do you need to work to change your mindset?
 - How have you judged someone and missed impacting that person's life?
- **Desires**
 - To whom do you need to give more grace? (Think about the people closest to you.)
 - Where are you still in bondage?
- **Hope**
 - How does putting your hope in Christ help you stay focused on your mission?
 - What things do you hope in that you need to let go of?

Respond: Where is God leading you? How can your small group support you?