

Small Group Questions: Christmas At Seacoast // The Secret to Happiness

©2023 Seacoast Church. All Rights Reserved

Read

Luke 1:36-44, John 15:11

Reflect

We were made for more than just being happy. Even with as much happiness as we have in our lives, we are left feeling empty and wanting more. It's when we begin to pursue joy, that we discover who we're really pursuing.

Pastor Adam Martin discusses three places, where we we can find joy.

1. We Find Joy in the Presence of Jesus

- a. Our joy is only complete when it is anchored in Jesus. How do you anchor yourself to him?
- b. In what ways has spending time with Jesus brought joy in your circumstances?
- c. When have you settled for happiness when you could have had joy?
- d. What can you change about your current environment to bring more of Jesus in?

2. We Find Joy in the Promises of God

- a. Sometimes the prison may not be the place you're in, but the perspective you have. What is your current perspective on your circumstances? How can you shift your perspective and move toward joy?
- b. What significant moment has solidified your trust in the promises of God?
- c. What is your natural physical response when the joy inside you can't be contained?
- d. Where are you pursuing joy outside of God's word?

3. We Find Joy with God's People

- a. Who do you need to invite into community to help them find joy with others?
- b. Our joy comes alive in community. In what ways has being in community increased your pursuit of joy?
- c. How has being in community changed your perspective on the pursuit of happiness?

Respond: Where is God leading you? How can your small group support you?